Mentoring Assessment Form For MENTEES

These questions may serve as a guide for your mentee to evaluate the effectiveness of your mentoring relationship.

A = Agree  TA = Tend to Agree  TD = Tend to Disagree  D = Disagree

1. I feel prepared to obtain effective mentoring.  A  TA  TD  D
2. The value of my relationship with my mentor is important to me.  A  TA  TD  D
3. My mentor has made adequate time to meet and communicate with me.  A  TA  TD  D
4. My mentor and I concur on goals for my professional development.  A  TA  TD  D
5. My mentor supports me as a person, respecting my personal and professional goals.  A  TA  TD  D
6. My mentor challenges me beyond my comfort zone so I acquire new skills.  A  TA  TD  D
7. My mentor provides me with useful and constructive feedback.  A  TA  TD  D
8. My mentor encourages me to develop my own ideas.  A  TA  TD  D
9. My mentor has involved me in professional activities outside our institution.  A  TA  TD  D
10. In addition to my mentor, I regularly consult other colleagues whose advice I trust.  A  TA  TD  D

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